

2008 Duvall Days Run
 2008 Duvall Days 5 and 10 K - 6/7/2008
 Duvall, Washington
 *** OFFICIAL RESULTS ***

Mixed 5000 Meter Run

Comp#	Name	Age	Town	Time
1	293 Gerner, Eric	M27	Woodinville, WA	15:47.22
2	304 Irish, Aiden	M17	Redmond, WA	16:12.90
3	294 Park, Jeremy	M28	Lynnwood, WA	17:17.84
4	254 Wilson, Liz	W39	Bothell, WA	18:41.06
5	308 Zlateff, Mike	M35	Duvall, WA	19:00.84
6	94 Berry, Justin	M31	Bellevue, WA	19:21.25
7	310 Hall, Gail	W48	Bothell, WA	19:26.54
8	278 Koenig, Johnna	W28	Sammamish, WA	19:35.67
9	50 Denison, Josh	M15	Duvall, Wa	19:39.20
10	286 Stanton-Wyman, Kyle	M18	Carnation, WA	19:41.54
11	295 Pitman, Erica	W25	Carnation, WA	19:59.86
12	263 Hurd, Markham	M44	Newcastle, WA	20:19.60
13	253 Faure, Francie	W41	Bothell, WA	20:30.66
14	87 Aufderspringe, Richard	M54	Bothell, WA	21:07.94
15	153 Steele, Sarah	W37	Woodinville, WA	21:21.91
16	28 Schalk, Laurie	W45	Duvall, WA	22:10.03
17	133 McKereghan, Jerame	M26	Seattle, WA	22:29.85
18	23 Manns, Anita	W38	Redmond, WA	22:33.90
19	211 Hurd, Molly	W45	Newcastle, WA	22:51.74
20	19 Giller, Bill	M61	Bellingham, WA	22:58.12
21	300 Crouse, CB	M61	Woodinville, WA	23:19.02
22	155 Towse, Roy J	M27	Sammamish, WA	23:32.70
23	169 Manns, Alexis	W11	Redmond, WA	23:37.74
24	122 Henderson, Ramanda O	W30	Monroe, WA	23:42.03
25	280 Banach, Joe	M31	Duvall, WA	23:58.59
26	121 Henderson, Jessie R	W27	Kailua, HI	24:00.90
27	251 Calvert, Ben	M10	Snoqualmie, WA	24:01.61
28	230 Coward, Gregory	M41	Duvall, WA	24:06.57
29	16 Kramer, Casey	M12	Redmond, WA	24:12.08
30	275 Pacquer, Steven	M32	Mill Creek, WA	24:13.54
31	244 Bodner, Paul	M53	Duvall, WA	24:14.73
32	132 Maurer, Katie	W24	Seattle, WA	24:20.34
33	277 Dams, Dominic	M13	Carnation, WA	24:26.26
34	297 Hastings, Tanner	M16	Carnation, WA	24:40.32
35	264 Hammontree, Clay	M16	Carnation, WA	24:40.72
36	307 Oviatt, Cameron	M18	Carnation, WA	24:42.28
37	219 Carr, Jesse C	M17	Duvall, WA	24:47.76
38	227 Nelson, Geoff	M35	Duvall, WA	24:52.69
39	212 Seelhoff, Amy L	W32	Snohomish, WA	25:07.90
40	149 Spokus, Joanna	W24	Sammamish, WA	25:09.61
41	112 Fall, David	M65	Seattle, WA	25:17.08
42	142 Perry, Todd	W38	Duvall, WA	25:17.80
43	216 White, Colby C	M47	Duvall, WA	25:23.79
44	3 Swenson, Karen	W37	Redmond, WA	25:29.68
45	128 Lemons, Robert	M39	Duvall, WA	25:33.61
46	209 Carr, Diana N	W12	Duvall, WA	25:49.29
47	269 Aebi, Carter	M12	Woodinville, WA	25:53.54
48	270 Aebi, Shawn	M46	Woodinville, WA	25:58.08
49	252 Cosner, Matthew	M30	Redmond, WA	25:59.98
50	156 Tracy, Ryan S	M9	Duvall, WA	26:00.31
51	249 Fay, Tim	M41	Duvall, WA	26:00.68
52	247 Fay, Ian	M9	Duvall, WA	26:00.92
53	106 Davis, Jen	W36	Duvall, WA	26:21.95

54	228	Brown, Neal A	M52	Monroe, WA	26:24.49
55	89	Aufrecht, Randy	M41	Duvall, WA	26:27.60
56	207	Matsumori, Jody	W33	Duvall, WA	26:30.25
57	200	Bolander, Kelly	W16	Woodinville, WA	26:38.77
58	220	Gutmann, Michael	M37	Duvall, WA	26:39.90
59	214	Heslinga, Edwin	M37	Duvall, WA	26:40.77
60	59	VanKleef, Bart	M30	Duvall, WA	27:00.24
61	217	riegel, scott S	M40	Carnation, WA	27:01.75
62	26	Eldredge, Kendall	W16	Duvall, WA	27:08.78
63	29	Bergen, Tony	M31	Carnation, WA	27:11.82
64	60	Banks, Cody	M10	Duvall, WA	27:16.32
65	76	Smith, Sydney	W14	Duvall, WA	27:28.87
66	306	Oviatt, Whitney	W19	Carnation, WA	27:32.74
67	58	Poukhouski, Dmitri	M41	Duvall, WA	27:33.36
68	225	Reyes, Rafael	M32	Duvall, WA	27:38.46
69	65	Lee, Ross	M12	Duvall, WA	27:39.04
70	229	Koch, Peter	M36	Kirkland, WA	27:42.80
71	105	Church, Jody	W32	Kirkland, WA	27:46.07
72	92	Barrett, Whitney	W18	Carnation, WA	27:50.09
73	170	Hoppe, Sara	W16	Duvall, WA	27:52.08
74	63	Wynakos, Zachary	M14	Monroe, WA	28:07.75
75	64	Lee, Cari	W39	Duvall, WA	28:08.74
76	187	Schwope, George	M30	Carnation, WA	28:12.73
77	99	Bradeen, Doug	M56	Woodinville, WA	28:15.55
78	192	Larson, Laurie	W48	Carnation, WA	28:19.98
79	218	Meredith, Nicole L	W42	Kirkland, WA	28:23.61
80	79	Atwater, Evan	M11	Duvall, WA	28:24.16
81	272	Smith, Brendan	W13	Duvall, WA	28:25.24
82	47	Reeves, Mark	M48	Duvall, WA	28:35.96
83	202	Vergillo, Miranda	W11	Carnation, WA	28:40.39
84	282	Eads, Tracy	W40	Snoqualmie, WA	28:46.42
85	178	VanVeen, Dirk	M60	Duvall, WA	28:48.28
86	80	Chamberlain, Ben	M33	Wodenville, WA	28:48.74
87	259	Lumpkins, Amanda	W24	Kenmore, WA	28:49.22
88	273	Montana, Enrique	M7	Duvall, WA	28:57.43
89	62	Wynakos, Michael	M50	Monroe, WA	29:01.48
90	51	Sands, Shawn	M30	Bohell, WA	29:03.60
91	145	Sherman, Jeff	M45	Duvall, WA	29:14.45
92	255	Rhett, David	M47	Duvall, WA	29:17.16
93	161	Wright, Don	M68	Issaquah, WA	29:26.50
94	260	Niesz, Stefanie	W24	Seattle, WA	29:31.23
95	160	winston, shelby	W39	Carnation, WA	29:32.65
96	154	Tiffany, Cathy	W42	Duvall, WA	29:36.14
97	9	Popp, Paula	W45	Duvall, WA	29:39.05
98	119	Goodfried, Michael B	M35	Kirkland, WA	29:39.98
99	146	Sittner, Terra	W34	Duvall, WA	29:41.01
100	36	Lindemulder, Rick	M44	Duvall, WA	29:41.56
101	120	Hansen, Christopher	M24	Redmond, WA	30:02.13
102	97	Binz, Maddy	W11	Sammamish, WA	30:05.58
103	281	Decuire, Julie	W32	Redmond, WA	30:16.08
104	167	Leno, Larry	M50	Seattle, WA	30:20.31
105	208	Philips, Audura	W35	Snohomish, WA	30:21.22
106	222	Chavez, Jorge	M37	Snoqualmie, WA	30:22.84
107	10	Chamberlain, Sheri	W30	Woodinville, WA	30:28.13
108	140	Osborne, Kevin J	M33	Kailua, HI	30:32.34
109	267	May, Olivia	W11	Duvall, WA	30:33.10
110	289	Richey, Maggie	W10	Duvall, WA	30:33.58
111	184	Houlihan, Brennah	W11	Carnation, WA	30:36.60
112	75	Smith, Jacqueline	W42	Duvall, WA	30:37.66
113	232	Gutmann, Daniel	M10	Duvall, WA	30:38.77
114	186	Houlihan, Sheila	W40	Carnation, WA	30:44.83
115	18	Lee, Sherman	M49	Duvall, WA	30:52.29

116	143	rutkowski, sara	W28	Bothell, WA	30:55.26
117	240	Candfield, Lisa J	W37	Woodinville, WA	31:00.31
118	210	Paris, Hope	W35	Woodinville, WA	31:02.62
119	191	Lau, Nelson	M29	Maple Valley, WA	31:04.49
120	83	Smith, Carla	W39	Duvall, WA	31:05.55
121	299	Crouse, Doreen	W53	Woodinville, WA	31:08.71
122	224	Carr, Duane C	M47	Duvall, WA	31:09.18
123	183	Costello, Terri	W41	Redmond, WA	31:15.95
124	168	Leno, Russ	M55	Everett, WA	31:17.52
125	115	Geddes, James S	M41	Kenmore, WA	31:21.26
126	48	Gibson, Molly	W12	Duvall, WA	31:21.69
127	13	Banks, Kelsie	W13	Duvall, WA	31:22.16
128	296	Filer, Bill	M56	Sammamish, WA	31:22.55
129	104	Buckmaster, Adam	M33	Bellevue, WA	31:23.07
130	164	Zoeger, Hazel	W13	Bellevue, WA	31:42.50
131	290	Robbie, Connell	M13	Duvall, WA	31:55.20
132	136	Milsom, Darren	M40	Duvall, WA	31:56.60
133	276	Wilson, Chrissy	W30	Kirkland, WA	31:56.87
134	231	Carpenter, Katie	W28	Kirkland, WA	32:06.76
135	77	Smith, Madison	W12	Duvall, WA	32:12.04
136	150	Stallard, Jennifer	W29	Redmond, WA	32:25.03
137	90	Barden, Donald W	M65	Duvall, WA	32:27.74
138	199	Bolander, David `	M52	Woodinville, WA	32:29.24
139	238	Couvrette, Charles	M54	Woodinville, WA	32:29.70
140	179	Anthony, Emily	W33	Lake Stevens, WA	32:31.36
141	171	Gangwish, Tracey	W34	Duvall, WA	32:31.81
142	223	Thompson, Kristi	W40	Woodinville, WA	32:41.04
143	303	Lynch, Melissa	W38	Duvall, WA	32:52.21
144	242	Johnson, Sarah C	W24	Snohomish, WA	32:56.86
145	49	Vliem, Amy	W36	Carnation, WA	32:59.68
146	309	Hong, Robert	M34	Kirkland, WA	33:00.46
147	137	Milsom, Julianne	W32	Duvall, WA	33:17.95
148	237	Gutmann, Andrew	M12	Duvall, WA	33:31.65
149	30	Cummings, Tracey	W48	Carnation, WA	33:38.23
150	4	Cook, Meadow	W29	Carnation, WA	33:50.21
151	1	DePirro, Bethany	W39	Carnation, WA	33:51.83
152	118	Goodfried, Kimberly	W37	Kirkland, WA	33:57.06
153	126	Hymas, Kama D	W31	Duvall, WA	33:58.69
154	245	Bodnar, Kim	W48	Duvall, WA	34:09.55
155	113	Fall, Dawn	W65	Seattle, WA	34:23.56
156	8	Lindemulder, Bobbi	W40	Duvall, WA	34:23.97
157	52	McLaughlin, Lena	W38	Buckley, WA	34:27.15
158	226	Gutmann, Leigh-Ann	W36	Duvall, WA	34:28.86
159	190	Thomas, Kylie	W8	Duvall, WA	34:31.30
160	189	Thomas, Doug	M47	Duvall, WA	34:36.87
161	243	McBride, Kimberly	W36	Duvall, WA	34:37.31
162	24	Renk, Andy	M28	Duvall, WA	34:41.50
163	124	Hockstedler, Jessica J	W32	Bothell, WA	34:45.29
164	283	Darrington, Coulson	M9	Duvall, WA	34:51.83
165	284	Darrington, Spencer	M34	Duvall, WA	34:54.05
166	288	Richey, Olivia	W14	Duvall, WA	34:56.07
167	162	yi, Michelle M	W20	Snohomish, WA	35:03.46
168	103	buck, lisa K	W37	Bonneylake, WA	35:05.33
169	31	Segura, Tanya	W32	Duvall, WA	35:07.91
170	182	Shaw, Andrea	M35	Duvall, WA	35:17.55
171	246	Bodnar, Brian	M11	Duvall, WA	35:20.82
172	25	Renk, Melanie	W27	Duvall, WA	35:31.27
173	15	Banks, James	M44	Duvall, WA	35:33.33
174	95	Binz, Brian	M10	Sammamish, WA	35:37.04
175	96	Binz, Joe	M41	Sammamish, WA	36:11.84
176	188	Butcher, Angela	W37	Duvall, WA	36:13.10
177	236	Burris, Cheryl J	W60	Carnation, WA	36:18.00

178	66	Lee, Kennedy	W10	Duvall, WA	36:23.78
179	17	Kramer, Alexis	W10	Redmond, WA	36:32.11
180	292	Thompson, Kate	W32	Seattle, WA	36:38.89
181	194	Johnson, Becky	W49	Duvall, WA	36:44.95
182	123	Hiskey, Robert	M22	Woodinville, WA	37:08.69
183	174	Henry, Sue	W49	Carnation, WA	37:09.56
184	176	Henry, Megan	W23	Duvall, WA	37:30.55
185	158	Weiss, Jessica	W31	Carnation, WA	37:30.86
186	91	Barrett, Melissa L	W25	Carnation, WA	37:31.17
187	301	Coliz, James	M38	Bellevue, WA	37:55.54
188	148	Snook, Ted	M25	Duvall, WA	37:57.29
189	147	Snook, Jessica	W29	Duvall, WA	38:26.17
190	114	Frampton, Amy	W37	Duvall, WA	38:26.67
191	141	Perry, Nancy	W37	Duvall, WA	38:32.33
192	256	Givens, India	W31	Monroe, WA	38:33.05
193	14	Banks, Megan	W42	Duvall, WA	38:34.07
194	163	York, Samantha	W21	Duvall, WA	38:46.60
195	265	Wilson, Dena	W44	Carnation, WA	38:59.39
196	177	Juhre, Sue	W56	Duvall, WA	38:59.95
197	287	Dixon, Elizabeth	W39	Duvall, WA	39:00.29
198	291	Cullimore, Kristen	W15	Duvall, WA	39:12.95
199	271	Kjosness, Maria	W29	Brier, WA	39:27.16
200	266	Lindstrom, Nicole	W27	Bothell, WA	39:35.94
201	138	Morod, Karen L	W42	Duvall, WA	39:41.82
202	213	erickson, tonya E	W41	Duvall, WA	39:42.11
203	215	Koster, Patricia	W34	Duvall, WA	40:39.95
204	56	Carlson, Andrew	M8	Duvall, WA	41:05.06
205	55	Carlson, Brian	M39	Duvall, WA	41:05.75
206	93	Benson, Clark	M68	Eagle, ID	41:13.89
207	234	Randles, Nicole C	W29	Duvall, WA	41:15.87
208	298	Miller, Heather	W29	Duvall, WA	41:33.97
209	195	Schencke, Sheila	W53	Duvall, WA	41:42.80
210	32	Metcalfe, Wanda	W50	Duvall, WA	41:43.94
211	152	Stearns, Loren	M47	Newcastle, WA	41:45.00
212	151	Stearns, Jeannette	W44	Newcastle, WA	42:09.42
213	108	Duncan, Emily	W28	Duvall, WA	42:59.35
214	100	Bradeen, Sarah R	W30	North Bend, WA	42:59.91
215	131	Maurer, Beth	W51	Bellevue, WA	43:01.40
216	221	Amonsens, Courtney	W27	Bothell, WA	43:01.89
217	69	Ibershof, Justin	M8	Duvall, WA	43:54.39
218	165	Zuber, Josh	M9	Duvall, WA	43:55.27
219	72	Ibershof, Will	M44	Duvall, WA	43:56.17
220	204	Tate, Susan	W42	Duvall, WA	43:57.53
221	42	Alsdurf, William	M45	Duvall, WA	43:59.38
222	22	Reeves, Catherine	W45	Duvall, WA	44:00.56
223	127	Lemons, Christine	W36	Duvall, WA	44:01.40
224	88	Aufrecht, Jennifer	W40	Duvall, WA	44:02.05
225	311	Zuber, Ryan	M11	Duvall, WA	44:52.25
226	71	Ibershof, Matthew	M10	Duvall, WA	44:52.64
227	73	Fullmer, Marilyn	W53	Woodinville, WA	45:14.94
228	101	Bradeen, Yvonne	W55	Woodinville, WA	45:15.85
229	233	Funk, Carolyn G	W48	Woodinville, WA	45:42.41
230	305	Surerus, Beth	W24	Duvall, WA	45:43.36
231	302	Wilson, Amanda	W28	Duvall, WA	45:43.78
232	257	Lynch, Scott	M36	Duvall, WA	46:09.22
233	262	Loutsis, Carrie	W75	Duvall, WA	46:09.67
234	205	Thompson, Kathryn	W29	Duvall, WA	46:10.12
235	258	Burns, Sam	M52	Carnation, WA	46:32.74
236	193	Burns, Zachary	M16	Carnation, WA	46:43.11
237	203	Millard, Regina	W33	Duvall, WA	47:05.95
238	125	Hughes, Bridget	W31	Redmond, WA	47:06.39
239	172	Short, Charlene	W58	Carnation, WA	47:21.19

240	35	Timson, Nancy	W50	Lake Stevens, WA	47:23.00
241	116	Geddes, Michelle C	W39	Kenmore, WA	48:40.63
242	109	Elefson, Eli	M16	Mercer Island, WA	48:41.06
243	110	Elefson, Lisa	W46	Mercer Island, WA	49:20.72
244	11	Sinnema, Sally	W54	Carnation, WA	49:41.55
245	82	Stake, Marie	W46	Carnation, WA	49:42.05
246	37	Boselly, Julie	W35	Woodinville, WA	50:07.26
247	166	Zuber, Suzi G	W37	Duvall, WA	52:19.32
248	70	Ibershof, Aileen	W44	Duvall, WA	52:19.75
249	102	Buck, Cathy L	W42	Lynnwood, WA	52:21.53
250	180	Maechler, Larry	M50	Lake Stevens, WA	52:22.71
251	46	Loftus, Candace	W10	Carnation, WA	53:01.82
252	159	winston, brittany	W10	Carnation, WA	53:02.20
253	86	Amels, Kira	W10	Redmond, WA	59:34.20
254	117	Gerde, Halie K	W11	Carnation, WA	59:34.70
255	45	Loftus, Marilyn	W40	Carnation, WA	59:38.76
256	250	Switaj, Katie	W52	Bellevue, WA	59:44.54
257	34	McDermott, Coleen	W56	Carnation, WA	1:00:19.47

2008 Duvall Days Run
 2008 Duvall Days 5 and 10 K - 6/7/2008
 Duvall, Washington
 *** OFFICIAL RESULTS ***

Boys 14&U 5000 Meter Run

Name	Age	Town	Finals
Finals			
1 251 Calvert, Ben	10	Snoqualmie, WA	24:01.61
2 16 Kramer, Casey	12	Redmond, WA	24:12.08
3 277 Dams, Dominic	13	Carnation, WA	24:26.26
4 269 Aebi, Carter	12	Woodinville, WA	25:53.54
5 156 Tracy, Ryan S	9	Duvall, WA	26:00.31
6 247 Fay, Ian	9	Duvall, WA	26:00.92
7 60 Banks, Cody	10	Duvall, WA	27:16.32
8 65 Lee, Ross	12	Duvall, WA	27:39.04
9 63 Wynakos, Zachary	14	Monroe, WA	28:07.75
10 79 Atwater, Evan	11	Duvall, WA	28:24.16
11 273 Montana, Enrique	7	Duvall, WA	28:57.43
12 232 Gutmann, Daniel	10	Duvall, WA	30:38.77
13 290 Robbie, Connell	13	Duvall, WA	31:55.20
14 237 Gutmann, Andrew	12	Duvall, WA	33:31.65
15 283 Darrington, Coulson	9	Duvall, WA	34:51.83
16 246 Bodnar, Brian	11	Duvall, WA	35:20.82
17 95 Binz, Brian	10	Sammamish, WA	35:37.04
18 56 Carlson, Andrew	8	Duvall, WA	41:05.06
19 69 Ibershof, Justin	8	Duvall, WA	43:54.39
20 165 Zuber, Josh	9	Duvall, WA	43:55.27
21 311 Zuber, Ryan	11	Duvall, WA	44:52.25
22 71 Ibershof, Matthew	10	Duvall, WA	44:52.64

Girls 14&U 5000 Meter Run

Name	Age	Town	Finals
1 169 Manns, Alexis	11	Redmond, WA	23:37.74
2 209 Carr, Diana N	12	Duvall, WA	25:49.29
3 76 Smith, Sydney	14	Duvall, WA	27:28.87
4 272 Smith, Brendan	13	Duvall, WA	28:25.24
5 202 Vergillo, Miranda	11	Carnation, WA	28:40.39
6 97 Binz, Maddy	11	Sammamish, WA	30:05.58
7 267 May, Olivia	11	Duvall, WA	30:33.10
8 289 Richey, Maggie	10	Duvall, WA	30:33.58
9 184 Houlihan, Brennah	11	Carnation, WA	30:36.60
10 48 Gibson, Molly	12	Duvall, WA	31:21.69
11 13 Banks, Kelsie	13	Duvall, WA	31:22.16
12 164 Zoeger, Hazel	13	Bellevue, WA	31:42.50
13 77 Smith, Madison	12	Duvall, WA	32:12.04
14 190 Thomas, Kylie	8	Duvall, WA	34:31.30
15 288 Richey, Olivia	14	Duvall, WA	34:56.07
16 66 Lee, Kennedy	10	Duvall, WA	36:23.78
17 17 Kramer, Alexis	10	Redmond, WA	36:32.11
18 46 Loftus, Candace	10	Carnation, WA	53:01.82
19 159 winston, brittany	10	Carnation, WA	53:02.20
20 86 Amels, Kira	10	Redmond, WA	59:34.20
21 117 Gerde, Halie K	11	Carnation, WA	59:34.70

Men 15-19 5000 Meter Run

Name	Age	Town	Finals
1 304 Irish, Aiden	17	Redmond, WA	16:12.90
2 50 Denison, Josh	15	Duvall, WA	19:39.20
3 286 Stanton-Wyman, Kyle	18	Carnation, WA	19:41.54
4 297 Hastings, Tanner	16	Carnation, WA	24:40.32
5 264 Hammontree, Clay	16	Carnation, WA	24:40.72
6 307 Oviatt, Cameron	18	Carnation, WA	24:42.28
7 219 Carr, Jesse C	17	Duvall, WA	24:47.76
8 193 Burns, Zachary	16	Carnation, WA	46:43.11
9 109 Elefson, Eli	16	Mercer Island, WA	48:41.06

Women 15-19 5000 Meter Run

Name	Age	Town	Finals
1 200 Bolander, Kelly	16	Woodinville, WA	26:38.77
2 26 Eldredge, Kendall	16	Duvall, WA	27:08.78
3 306 Oviatt, Whitney	19	Carnation, WA	27:32.74
4 92 Barrett, Whitney	18	Carnation, WA	27:50.09
5 170 Hoppe, Sara	16	Duvall, WA	27:52.08
6 291 Cullimore, Kristen	15	Duvall, WA	39:12.95

Men 20-29 5000 Meter Run

Name	Age	Town	Finals
1 293 Garner, Eric	27	Woodinville, WA	15:47.22
2 294 Park, Jeremy	28	Lynnwood, WA	17:17.84
3 133 McKereghan, Jerame	26	Seattle, WA	22:29.85
4 155 Towse, Roy J	27	Sammamish, WA	23:32.70
5 120 Hansen, Christopher	24	Redmond, WA	30:02.13
6 191 Lau, Nelson	29	Maple Valley, WA	31:04.49
7 24 Renk, Andy	28	Duvall, WA	34:41.50
8 123 Hiskey, Robert	22	Woodinville, WA	37:08.69
9 148 Snook, Ted	25	Duvall, WA	37:57.29

Women 20-29 5000 Meter Run

Name	Age	Town	Finals
1 278 Koenig, Johnna	28	Sammamish, WA	19:35.67
2 295 Pitman, Erica	25	Carnation, WA	19:59.86
3 121 Henderson, Jessie R	27	Kailua, HI	24:00.90
4 132 Maurer, Katie	24	Seattle, WA	24:20.34
5 149 Spokus, Joanna	24	Sammamish, WA	25:09.61
6 259 Lumpkins, Amanda	24	Kenmore, WA	28:49.22
7 260 Niesz, Stefanie	24	Seattle, WA	29:31.23
8 143 rutkowski, sara	28	Bothell, WA	30:55.26
9 231 Carpenter, Katie	28	Kirkland, WA	32:06.76
10 150 Stallard, Jennifer	29	Redmond, WA	32:25.03
11 242 Johnson, Sarah C	24	Snohomish, WA	32:56.86
12 4 Cook, Meadow	29	Carnation, WA	33:50.21
13 162 yi, Michelle M	20	Snohomish, WA	35:03.46
14 25 Renk, Melanie	27	Duvall, WA	35:31.27
15 176 Henry, Megan	23	Duvall, WA	37:30.55
16 91 Barrett, Melissa L	25	Carnation, WA	37:31.17
17 147 Snook, Jessica	29	Duvall, WA	38:26.17
18 163 York, Samantha	21	Duvall, WA	38:46.60
19 271 Kjosness, Maria	29	Brier, WA	39:27.16
20 266 Lindstrom, Nicole	27	Bothell, WA	39:35.94
21 234 Randles, Nicole C	29	Duvall, WA	41:15.87

22	298	Miller, Heather	29	Duvall, WA	41:33.97
23	108	Duncan, Emily	28	Duvall, WA	42:59.35
24	221	Amansen, Courtney	27	Bothell, WA	43:01.89
25	305	Surerus, Beth	24	Duvall, WA	45:43.36
26	302	Wilson, Amanda	28	Duvall, WA	45:43.78
27	205	Thompson, Kathryn	29	Duvall, WA	46:10.12

Men 30-39 5000 Meter Run

Name	Age	Town	Finals	
1	308	Zlateff, Mike	35 Duvall, WA	19:00.84
2	94	Berry, Justin	31 Bellevue, WA	19:21.25
3	280	Banach, Joe	31 Duvall, WA	23:58.59
4	275	Pacquer, Steven	32 Mill Creek, WA	24:13.54
5	227	Nelson, Geoff	35 Duvall, WA	24:52.69
6	128	Lemons, Robert	39 Duvall, WA	25:33.61
7	252	Cosner, Matthew	30 Redmond, WA	25:59.98
8	220	Gutmann, Michael	37 Duvall, WA	26:39.90
9	214	Heslinga, Edwin	37 Duvall, WA	26:40.77
10	59	VanKleef, Bart	30 Duvall, WA	27:00.24
11	29	Bergen, Tony	31 Carnation, WA	27:11.82
12	225	Reyes, Rafael	32 Duvall, WA	27:38.46
13	229	Koch, Peter	36 Kirkland, WA	27:42.80
14	187	Schwope, George	30 Carnation, WA	28:12.73
15	80	Chamberlain, Ben	33 Wodenville, WA	28:48.74
16	51	Sands, Shawn	30 Bohell, WA	29:03.60
17	119	Goodfried, Michael B	35 Kirkland, WA	29:39.98
18	222	Chavez, Jorge	37 Snoqualmie, WA	30:22.84
19	140	Osborne, Kevin J	33 Kailua, HI	30:32.34
20	104	Buckmaster, Adam	33 Bellevue, WA	31:23.07
21	309	Hong, Robert	34 Kirkland, WA	33:00.46
22	284	Darrington, Spencer	34 Duvall, WA	34:54.05
23	182	Shaw, Andrea	35 Duvall, WA	35:17.55
24	301	Coliz, James	38 Bellevue, WA	37:55.54
25	55	Carlson, Brian	39 Duvall, WA	41:05.75
26	257	Lynch, Scott	36 Duvall, WA	46:09.22

Women 30-39 5000 Meter Run

Name	Age	Town	Finals	
1	254	Wilson, Liz	39 Bothell, WA	18:41.06
2	153	Steele, Sarah	37 Woodinville, WA	21:21.91
3	23	Manns, Anita	38 Redmond, WA	22:33.90
4	122	Henderson, Ramanda O	30 Monroe, WA	23:42.03
5	212	Seelhoff, Amy L	32 Snohomish, WA	25:07.90
6	142	Perry, Todd	38 Duvall, WA	25:17.80
7	3	Swenson, Karen	37 Redmond, WA	25:29.68
8	106	Davis, Jen	36 Duvall, WA	26:21.95
9	207	Matsumori, Jody	33 Duvall, WA	26:30.25
10	105	Church, Jody	32 Kirkland, WA	27:46.07
11	64	Lee, Cari	39 Duvall, WA	28:08.74
12	160	winston, shelby	39 carnation, WA	29:32.65
13	146	Sittner, Terra	34 Duvall, WA	29:41.01
14	281	Decuire, Julie	32 Redmond, WA	30:16.08
15	208	Philips, Audura	35 Snohomish, WA	30:21.22
16	10	Chamberlain, Sheri	30 Woodinville, WA	30:28.13
17	240	Candfield, Lisa J	37 Woodinville, WA	31:00.31
18	210	Paris, Hope	35 Woodinville, WA	31:02.62
19	83	Smith, Carla	39 Duvall, WA	31:05.55
20	276	Wilson, Chrissy	30 Kirkland, WA	31:56.87

21	179	Anthony, Emily	33	Lake Stevens, WA	32:31.36
22	171	Gangwish, Tracey	34	Duvall, WA	32:31.81
23	303	Lynch, Melissa	38	Duvall, WA	32:52.21
24	49	Vliem, Amy	36	Carnation, WA	32:59.68
25	137	Milsom, Julianne	32	Duvall, WA	33:17.95
26	1	DePirro, Bethany	39	Carnation, WA	33:51.83
27	118	Goodfried, Kimberly	37	Kirkland, WA	33:57.06
28	126	Hymas, Kama D	31	Duvall, WA	33:58.69
29	52	McLaughlin, Lena	38	Buckley, WA	34:27.15
30	226	Gutmann, Leigh-Ann	36	Duvall, WA	34:28.86
31	243	McBride, Kimberly	36	Duvall, WA	34:37.31
32	124	Hockstedler, Jessica	32	Bothell, WA	34:45.29
33	103	buck, lisa K	37	Bonneylake, WA	35:05.33
34	31	Segura, Tanya	32	Duvall, WA	35:07.91
35	188	Butcher, Angela	37	Duvall, WA	36:13.10
36	292	Thompson, Kate	32	Seattle, WA	36:38.89
37	158	Weiss, Jessica	31	Carnation, WA	37:30.86
38	114	Frampton, Amy	37	Duvall, WA	38:26.67
39	141	Perry, Nancy	37	Duvall, WA	38:32.33
40	256	Givens, India	31	Monroe, WA	38:33.05
41	287	Dixon, Elizabeth	39	Duvall, WA	39:00.29
42	215	Koster, Patricia	34	Duvall, WA	40:39.95
43	100	Bradeen, Sarah R	30	North Bend, WA	42:59.91
44	127	Lemons, Christine	36	Duvall, WA	44:01.40
45	203	Millard, Regina	33	Duvall, WA	47:05.95
46	125	Hughes, Bridget	31	Redmond, WA	47:06.39
47	116	Geddes, Michelle C	39	Kenmore, WA	48:40.63
48	37	Boselly, Julie	35	Woodinville, WA	50:07.26
49	166	Zuber, Suzi G	37	Duvall, WA	52:19.32

Men 40-49 5000 Meter Run

Name	Age	Town	Finals	
1	263	Hurd, Markham	44 Newcastle, WA	20:19.60
2	230	Coward, Gregory	41 Duvall, WA	24:06.57
3	216	White, Colby C	47 Duvall, WA	25:23.79
4	270	Aebi, Shawn	46 Woodinville, WA	25:58.08
5	249	Fay, Tim	41 Duvall, WA	26:00.68
6	89	Aufrecht, Randy	41 Duvall, WA	26:27.60
7	217	riegel, scott S	40 carnation, WA	27:01.75
8	58	Poukhouski, Dmitri	41 Duvall, WA	27:33.36
9	47	Reeves, Mark	48 Duvall, WA	28:35.96
10	145	Sherman, Jeff	45 Duvall, WA	29:14.45
11	255	Rhett, David	47 Duvall, WA	29:17.16
12	36	Lindemulder, Rick	44 Duvall, WA	29:41.56
13	18	Lee, Sherman	49 Duvall, WA	30:52.29
14	224	Carr, Duane C	47 Duvall, WA	31:09.18
15	115	Geddes, James S	41 Kenmore, WA	31:21.26
16	136	Milsom, Darren	40 Duvall, WA	31:56.60
17	189	Thomas, Doug	47 Duvall, WA	34:36.87
18	15	Banks, James	44 Duvall, WA	35:33.33
19	96	Binz, Joe	41 Sammamish, WA	36:11.84
20	152	Stearns, Loren	47 Newcastle, WA	41:45.00
21	72	Ibershof, Will	44 Duvall, WA	43:56.17
22	42	Alsdurf, William	45 Duvall, WA	43:59.38

Women 40-49 5000 Meter Run

Name	Age	Town	Finals	
1	310	Hall, Gail	48 Bothell, WA	19:26.54

2	253 Faure, Francie	41 Bothell, WA	20:30.66
3	28 Schalk, Laurie	45 Duvall, WA	22:10.03
4	211 Hurd, Molly	45 Newcastle, WA	22:51.74
5	192 Larson, Laurie	48 Carnation, WA	28:19.98
6	218 Meredith, Nicole L	42 Kirkland, WA	28:23.61
7	282 Eads, Tracy	40 Snoqualmie, WA	28:46.42
8	154 Tiffany, Cathy	42 Duvall, WA	29:36.14
9	9 Popp, Paula	45 Duvall, WA	29:39.05
10	75 Smith, Jacqueline	42 Duvall, WA	30:37.66
11	186 Houlihan, Sheila	40 Carnation, WA	30:44.83
12	183 Costello, Terri	41 Redmond, WA	31:15.95
13	223 Thompson, Kristi	40 Woodinville, WA	32:41.04
14	30 Cummings, Tracey	48 Carnation, WA	33:38.23
15	245 Bodnar, Kim	48 Duvall, WA	34:09.55
16	8 Lindemulder, Bobbi	40 Duvall, WA	34:23.97
17	194 Johnson, Becky	49 Duvall, WA	36:44.95
18	174 Henry, Sue	49 Carnation, WA	37:09.56
19	14 Banks, Megan	42 Duvall, WA	38:34.07
20	265 Wilson, Dena	44 Carnation, WA	38:59.39
21	138 Morod, Karen L	42 Duvall, WA	39:41.82
22	213 Erickson, tonya E	41 Duvall, WA	39:42.11
23	151 Stearns, Jeannette	44 Newcastle, WA	42:09.42
24	204 Tate, Susan	42 Duvall, WA	43:57.53
25	22 Reeves, Catherine	45 Duvall, WA	44:00.56
26	88 Aufrecht, Jennifer	40 Duvall, WA	44:02.05
27	233 Funk, Carolyn G	48 Woodinville, WA	45:42.41
28	110 Elefson, Lisa	46 Mercer Island, WA	49:20.72
29	82 Stake, Marie	46 Snohomish, WA	49:42.05
30	70 Ibershof, Aileen	44 Duvall, WA	52:19.75
31	102 Buck, Cathy L	42 Lynnwood, WA	52:21.53
32	45 Loftus, Marilyn	40 Carnation, WA	59:38.76

Men 50-59 5000 Meter Run

Name	Age	Town	Finals
1	87	Aufderspringe, Richar	54 Bothell, WA 21:07.94
2	244	Bodner, Paul	53 Duvall, WA 24:14.73
3	228	Brown, Neal A	52 Monroe, WA 26:24.49
4	99	Bradeen, Doug	56 Woodinville, WA 28:15.55
5	62	Wynakos, Michael	50 Monroe, WA 29:01.48
6	167	Leno, Larry	50 Seattle, WA 30:20.31
7	168	Leno, Russ	55 Everett, WA 31:17.52
8	296	Filer, Bill	56 Sammamish, WA 31:22.55
9	199	Bolander, David`	52 Woodinville, WA 32:29.24
10	238	Couvrette, Charles	54 Woodinville, WA 32:29.70
11	258	Burns, Sam	52 Carnation, WA 46:32.74
12	180	Maechler, Larry	50 Lake Stevens, WA 52:22.71

Women 50-59 5000 Meter Run

Name	Age	Town	Finals
1	299	Crouse, Doreen	53 Woodinville, WA 31:08.71
2	177	Juhre, Sue	56 Duvall, WA 38:59.95
3	195	Schencke, Sheila	53 Duvall, WA 41:42.80
4	32	Metcalfe, Wanda	50 Duvall, WA 41:43.94
5	131	Maurer, Beth	51 Bellevue, WA 43:01.40
6	73	Fullmer, Marilyn	53 Woodinville, WA 45:14.94
7	101	Bradeen, Yvonne	55 Woodinville, WA 45:15.85
8	172	Short, Charlene	58 Carnation, WA 47:21.19
9	35	Timson, Nancy	50 Lake Stevens, WA 47:23.00

10	11	Sinnema, Sally	54	Carnation, WA	49:41.55
11	250	Switaj, Katie	52	Bellevue, WA	59:44.54
12	34	McDermott, Coleen	56	Carnation, WA	1:00:19.47

Men 60-69 5000 Meter Run

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	Name	Age	Town		Finals
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1	19	Giller, Bill	61	Bellingham, WA	22:58.12
2	300	Crouse, CB	61	Woodinville, WA	23:19.02
3	112	Fall, David	65	Seattle, WA	25:17.08
4	178	VanVeen, Dirk	60	Duvall, WA	28:48.28
5	161	Wright, Don	68	Issaquah, WA	29:26.50
6	90	Barden, Donald W	65	Duvall, WA	32:27.74
7	93	Benson, Clark	68	Eagle, ID	41:13.89

Women 60-69 5000 Meter Run

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	Name	Age	Town		Finals
=====					
1	113	Fall, Dawn	65	Seattle, WA	34:23.56
2	236	Burris, Cheryl J	60	Carnation, WA	36:18.00

Women 70+ 5000 Meter Run

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	Name	Age	Town		Finals
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1	262	Loutsis, Carrie	75	Duvall, WA	46:09.67